

total miles	<i>PATTERSON - WASSAIC - HILLSDALE</i>	segment miles
0.0mi	START-Magnolia's (<i>Patterson MTA station</i>)	0.2mi
0.2	NORTH-Front Street	0.6
0.8	"T" LEFT-NY 311	0.4
1.2	BEAR RIGHT-NY 292	3.4
4.6	RIGHT-Harmony Road (<i>CR 63 becomes CR 69</i>)	0.2
4.8	"T" RIGHT-NY 55	0.8
5.6	LEFT-Dutcher Avenue (<i>CR 69 to Pawling MTA</i>)	<0.1
5.6	"T" RIGHT-West Main Street- <i>Pawling</i>	0.9
6.4	QUICK LEFT-Charles Colman Blvd	5.5
11.9	FORWARD-West Dover Road (CR 20)	0.4
12.3	LEFT-CR 20 Hoags Cors Rd (<i>MTA sign-no turn</i>)	1.5
13.8	"T" RIGHT-Pleasant Ridge Road (CR 21)	0.6
14.4	CROSS-NY 22 (<i>Valley Diner</i>) "T" LEFT-NY 55	4.5
18.9	FORWARD-CR 6 (Old Route 22)	1.7
20.6	RIGHT-Limekiln Road (<i>cross Ten-Mile River</i>)	3.1
23.7	FORWARD-Poplar Hill Road (CR 4)	1.1
24.8	RIGHT-Sinpatch Road (CR 4)	0.9
25.7	FORWARD-Kent Road (CR 3)	1.1
26.8	"T" LEFT-South Amenia Road (CR 3)	0.8
27.6	FORWARD-Old Route 22 (CR 81)	0.1
27.7	BEAR LEFT at Calsi's General Store- <i>Wassaic</i>	0.2
27.9	LEFT-cross tracks-Furnace Bank Road	0.6
28.5mi	"T" RIGHT-NY 22	
	RIGHT- <i>Wassaic MTA Station</i>	
0.0mi	NORTH-Harlem Valley Rail Trail (HVRT)	10.6mi
10.6	<i>Millerton</i> -RIGHT-US 44 (<i>Main Street-stuff here</i>)	0.3
10.9	LEFT-CR 62 (<i>Maple Av becomes Rudd Pond Rd</i>)	3
13.9	FORWARD-CR 63 (Boston Corners Road)	4.1
18	FORWARD-Under Mountain Road	1.5
19.5	RIGHT-HVRT resumes	2.9
22.4	BEAR RIGHT-dirt road (no sign)	0.4
22.9	BEAR LEFT-HVRT resumes	0.6
23.5	<i>Taconic State Park-Copake Falls</i> -LEFT	0.2
23.7	<i>Copake Falls</i> -RIGHT-NY 344	0.4
24.1	BEAR RIGHT-NY 22	0.9
24.9	<i>Farm Road (continue on NY 22)</i>	3.2
28.1mi	<i>Hillsdale</i>	

total miles	<i>HILLSDALE - POUGHKEEPSIE</i>	segment miles
0.0mi	START- <i>Hillsdale</i>	3.2mi
3.2	SOUTH-NY 22	2.2
5.4	RIGHT-Farm Road	0.2
5.6	<i>Mountain View Road (continue on Farm Rd)</i>	0.4
6	FORWARD-CR 7A	3
9	<i>Copake</i> -FORWARD-Empire Road	0.7
9.7	"T" LEFT-Wiltsie Bridge Road	4.3
14	BEAR RIGHT-CR 3	2.6
16.7	<i>Ancramdale (food)</i> -RIGHT-QUICK LEFT-NY 82 South	0.8
17.4	RIGHT-Dam Road (<i>400' north of county line</i>)	0.9
18.3	"T" BEAR LEFT to Hoffman Road	1.1
19.4	LEFT at "STOP" to North Main Street (CR 83A)	9.2
28.6	<i>Pine Plains (food)</i> -FORWARD-NY 82 (S Main St)	1.2
29.7	<i>Stanfordville (food here)</i> -FORWARD-NY 82	4.1
33.9	RIGHT-Salt Point Turnpike (CR 17)	2.5
36.4	<i>Clinton Corners</i> -FORWARD-Salt Point Turnpike	0.7
37.1	<i>Salt Point</i> -LEFT-Hibernia Road	1.3
38.3	RIGHT-Scout Road	3.1
41.4	FORWARD-Creek Road	0.5
41.8	"T" RIGHT-US 44	0.5
42.4	<i>Pleasant Valley</i> -LEFT-South Avenue (CR 47)	3.6
46	FORWARD-Plass Road (<i>CR 47 bears left</i>)	
46.5	<i>name change (no sign)</i> - <i>Sleight Plass Road</i>	0.5
47.2	"T" RIGHT-Overlook Road	0.8
47.7	"T" LEFT-Overlook Road (CR 46) to NY 55	0.5
47.7	RIGHT-NY 55 / QUICK RIGHT-Poughkeepsie Speedway	<0.1
48.6	"T" RIGHT-"DEAD END STREET"	0.9
49	LEFT-"PRIVATE ROAD" (<i>Ireland Drive</i>)	0.4
51.3	"T" LEFT-Overocker Road	2.3
51.4	RIGHT-Dutchess Rail Trail	0.1
51.6	Rail Trail ends-SOUTH through parking lot	0.2
52.2	RIGHT-Creek Road	0.6
52.5	FORWARD-Smith Street	0.3
52.6	RIGHT-Cottage Street	0.1
52.8	RIGHT-North Hamilton Street	0.2
53	LEFT-High Street	0.2
53.4	"T" RIGHT-Garden Street	0.3
53.7	"T" LEFT-Parker Avenue (<i>Walkway Trailhead</i>)	0.3
53.8	LEFT-Washington St/QUICK RIGHT-Gifford Av	0.1
53.8	"T" LEFT-Delafield Street	0.1
54mi	(<i>RIGHT-Dutchess Av to Andy's Place</i>)-RIGHT-Mill St	0.1
	LEFT-Davies Place	
	RIGHT- <i>Poughkeepsie Metro North Station</i>	

- **All mileage is subject to argument!** Seriously, because of rounding, segments don't always add up to cumulative totals.
- MTA / Metro North: 212-532-4900 or 800-638-7646, <http://www.mta.info>
- "CR" = "County Route". Information in *italics* is just that-information: landmarks, locations, accommodations, stuff.
- Harlem Valley Rail Trail (HVRT)-maps, news, history-lots of good information: <http://hvrt.org>
- *Patterson*-Magnolia's Caf , 21A Front Street, 845-878-9759 (opposite the Metro North station)
- *Pawling*-Pawling Cycle & Sport, 12 W Main St., 845-855-9866; McKinney & Doyle, 10 Charles Colman Blvd, 845-855-3707 <http://mckinneyanddoyle.com>
- *Millerton*-food, bookstore, other stuff
- *Copake Falls*-Bash Bish Bicycle, 510-329-4962, <http://bashbishbicycle.com>; Taconic Wayside Inn, 518-329-4401
- *Copake*-Mountain View Inn, 286 Mountain View Rd (west of Farm Rd), 518-329-1175; Johanna's Motel, NY 22 (1mi south of Copake), 518-329-3000
- *Copake*-Dad's Copake Diner, Main Street (north of the clock), 518-329-3237
- *Hillsdale*-Silvanus Lodge, 9350 NY 22 (1,000 feet north of NY 23), 518-325-3000, <http://silvanuslodge.com>
- *Hillsdale*-Hillsdale House (south side of NY 23, 1,000 feet west of NY 22), 518-325-7111; Hillsdale Country Dinner, NY 22 & NY 23, 518-325-9230
- *Ancramdale*-The Farmer's Wife (general store) 518-329-5431
- *Pine Plains*-Mountain Cow Cafe, 2987 E. Church St. (north side of NY 199 east of Main St.), 518-398-0500, <http://www.mtcowcafe.com>
- *Stanfordville*-5979 NY 82: Home Plate, 845-868-2238; Love Is Farm Alpaca Store
- *Clinton Corners*-Wild Hive Farm, 845-266-5863 <http://www.wildhivefarm.com>
- *Pleasant Valley*-The Bicycle Shop, 1557 Main Street (US 44 - 1/2 mile west of South Avenue), 845-635-3161 (Check days / hours!)
- *Poughkeepsie*-Andy's Place, 45 Dutchess Av, 845-452-2525 <http://www.gotoandysplace.com>

